

Personal Health Social Economic and Citizen Education (PHSE)

Non-Examined

Aim of the Course

- Enhance and foster emotional intelligence, understanding and well-being.
- Help individuals develop a better understanding of themselves, those around them and the issues which society presents to them.
- Helping to make safe choices within a secure, sustainable and healthy lifestyle.
- Foster good interpersonal skills and relationships.
- Respect diversity, the differences between people and their points of view.
- Improve economic understanding and well-being, both now and in the future.

Over the two years you will explore, amongst others, issues relating to the following areas:

- Careers - employment education (including Post-16 preparation).
- Sex and Relationships education.
- Child Sexual Exploitation.
- Consent.
- Developing Emotional Awareness.
- Alcohol and risk.
- Coping with stress.
- Revision skills.
- Financial understanding: credit cards, loans, student finance.

Further Information

Teaching methods include group discussion and debate; speakers; a range of written resources; further reading and research.

PSHE involves self-assessment and evaluation.